



10 Principles of Integral Politics

Integral politics has a broader, deeper and longer-term perspective.

It ...

1. integrates **more perspectives**, in particular inner dimensions (**collective intelligence**);
2. understands **the logic of political action** as being **in a state of development** (**vertical complexity**);
3. works with **states of presence**, consciousness and attention (**depth**);
4. seeks connection with the source of all being and with all living beings (**spirituality**);
5. serves a **higher meaning and purpose**: the common good, which transcends particular interests and perspectives (**purpose**);
6. translates the integral view of the world and humanity into corresponding **structures, institutions and policies** (**co-creation**);
7. translates integral theory into an **experience-oriented, embodied practice** (*walks the talk*; **integrity/coherence**);
8. creates a culture of **lightness, playfulness and (self-)irony** (**resonance**);
9. bases its understanding of the world on the insights of **quantum theory** (**power of possibility**);
10. leaves room for **not knowing, wisdom, synergies and emergence** (**humility**).



Dr Elke Fein, Institute for Integral Studies (IFIS) e.V.,
2023



Co-funded by the
Erasmus+ Programme
of the European Union

LiFT Leadership
for Transition



Institut für integrale Studien
Institute for Integral Studies

