

## Collection of feedback on dialog evenings

"I am impressed by how you manage to bring so many very different people together and give them space." (BH Feb)

"I have already told other people about this several times as an example of how healing it is to listen and speak from a deeper level that is closer to the Being level than we usually are." (CZ Jan)

"I found the evening invigorating and basically absolutely positive. It was also interesting, especially the way you created the evening, your way of doing it." (MH Jan)

"I definitely expressed my opinion more than I usually do. And now think more about things that I don't usually think about." (BH Feb)

"I thought the two moderators were really good." (BH Feb)

"I found it remarkable when I had a one-to-one conversation with a woman with whom I had many parallels. Who also often felt like an outsider in life and experienced similar situations. There was a lot of closeness between us. Later, this woman understood that we had different positions, shared this in the circle and cried." (AH Okt)

"I experienced how easy it can be to get closer to complete strangers in a positive and uncomplicated way. Elke was a good guide." (KA Oct)

"What impressed me most about the evening was the human closeness and depth of contact that developed there." (KA Oct)

"You create something different every evening, and each one expands my repertoire a little bit. "Ah, you can do it like that" is my thought then. It's like when my piano gets more keys." (PK Jan)

"There are always new encounters, new situations, you get to know each other better. There should be many more conversations like this, so that we can get to know each other better and have better, deeper conversations." (RH Oct)

"It was super well organized, nice welcome, great buffet, everything was set up invitingly, very personable. I think it was great that people from all over the spectrum were invited and could be in the same room." (LAT Oct)

"Despite the variety, the evening was definitely a calm, open atmosphere in which you could say anything, and it was somehow held, even the extreme statements." (LAT Oct)

"It became clearer to me how far the social divide goes. It really hit me for the first time. And how emotionally involved I am. Can the division be stopped at all? Respect for the commitment of the organizing team and the challenges they are facing." (LAT Oct)

"I also wanted to experience myself in this form of open exchange with people who think differently. I achieved that goal." (KA Oct)

"I learned how easy an approach can be, how much a protected space and good guidance can contribute to a good exchange and a lot of closeness." (KA Oct)

"I am impressed by how you manage to bring so many very different people together and give them space." (BH Feb)

"Sometimes a conversation like this leads you to things that you hadn't considered or thought through before. Something unpredictable happens because you're not normally confronted with these other opinions." (HM Nov)

"The continuity has an effect." (HM Nov)

"I thought it was great! You did a great job setting it up, it was so brilliant." (AH Sep)

"It was very playful, at the beginning I thought about the movement games... well... but in the end, this physical opening was a good element of the whole evening. Elke's questions that she used to guide it were great, they brought people together." (AH Sep)

"Huge praise for the wonderful buffet - it brings people together and connects them." (AH Sep)

"There was no hostile feeling in the room, there was a connection, even with the people who had opposing opinions." (AH Sep)

"You did really, really well." (AH Sep)

"I connected more with all kinds of people and things, that was a good feeling. You designed the evening in a way that created a connection, it felt good." (AH Sep)

"I just like coming there... I think it's because of the skillful moderation. I always want to get to a deeper level." (CZ Jan)

"[...] It's getting better and better for me anyway, that I can say more than I used to dare to. Because it's possible and desirable to speak authentically about yourself here, which contributes to a great connection with yourself. And I can use that elsewhere too. And when I am well connected with myself, at peace with myself, in other words when I know that I can be who I am, then I can also connect better with others – who can then also be who they are." (CZ Jan)

"It's all about being heard, that the others are simply there." (CZ Nov)

"This is soul food because we act from 'being' and not from 'making and doing'." (CZ Nov)

"Yes, I went out with more courage and self-confidence. I realized that it is important and nice to deal with this topic." (LK Jan)

"And when I'm in a place where my opinion is completely different, I tend to remain more quiet. I've definitely expressed my opinion more than I usually do. And I think more about things that I don't usually think about." (BH Feb)